## WE CLAIM:

- 1. An interface for delivering pressurised gases to a user comprising:
  a housing configured to receive gases and deliver them to a user,
- a forehead rest engaged with said housing and having a single area of contact with auser's forehead and including a bridge member between a users forehead and said housing allowing a substantially unrestricted view for a users eyes.
- 2. An interface for delivering pressurised gases to a user according to claim 1 wherein said bridge member is adjustable or configurable in orientation with respect to said housing.
- 3. An interface for delivering pressurised gases to a user according to claim 1 wherein said bridge member includes a pivoting engagement to said housing.
- 4. An interface for delivering pressurised gases to a user according to claim 1 wherein said bridge member has a substantially parallel side.
- 5. An interface for delivering pressurised gases to a user according to claim 1 wherein said forehead rest includes attachment points for headgear, said attachment points lying in an approximately mid sagittal plane.
- 6. An interface for delivering pressurised gases to a user according to claim 1 wherein said interface is a mask.
- An interface for delivering pressurised gases to a user according to claim 6 wherein said mask is a nasal mask.

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